

Chiropractors Join Interprofessional Effort in Amazonian Jungle

It takes a special type of person to venture into the unknown, but that is exactly what three intrepid chiropractors did by joining a mission to bring relief to local communities deep within the Amazonian jungle. Here, Marta Pohlmann and Paulo Salazar describe how chiropractic was able to change lives in this remote corner of the world.



This year three chiropractors partnered with a non-governmental organization (NGO) in Brazil called "UNA - *Um novo amanhã*"- A New Tomorrow, aiming to promote health in regions of social vulnerability by taking action and supporting some of the country's most in need communities.

This humanitarian trip was held in the Amazon's inland territory, from July 19th to 29th. During this period, the chiropractors Marta Pohlmann, Paulo Salazar and Potira Farias joined volunteers from different fields such as medicine, odontology, engineering, photography and others to work towards the welfare of the natives and helping to build the NGO new headquarters.

By combining our knowledge and practices to the team's the chiropractic profession helped achieve great results through a multidisciplinary work.

The journey to reach these communities required a long thirty hour boat ride sleeping in hammocks.

Upon arrival there was no electricity, running water nor contact with internet. By

leaving the comfort zone, the volunteers discovered a new reality which they had never seen before. Their souls were transformed in a very deep way. When in that village they learned the real meaning of selfless giving.

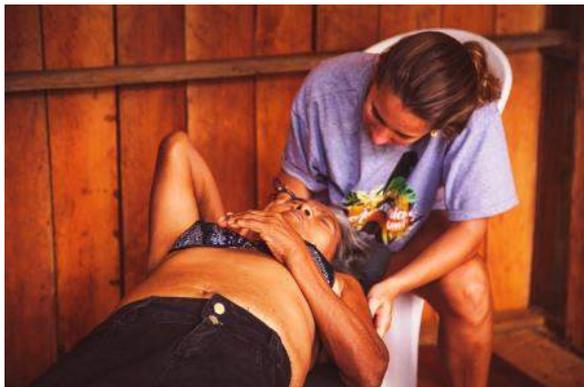
All the patients were curious and amazed with the procedures and the immediate benefits that chiropractic was providing to the ones who tried it.

A total of a hundred and forty chiropractic adjustments were performed in six days, on individuals ranging from infants to elders.

The most prevalent cases were of lower back pain due to their work positions and lifting heavy weights since their youth without watching out their posture.

It was an amazing and insightful chiropractic experience.

The intention now is to continue taking chiropractors to these communities to



immerse in this inner transformation seeing on a daily basis how it is the simple things that really matters by giving them the love and attention that they truly deserve.

We believe that nothing is more important than life. It is a privilege to facilitate healing with our hands. As chiropractic fellows we know how important it is for everyone to be assisted from subluxation problems. With the knowledge developed by years of chiropractic studies we can - in some people's eye - be the angels in their lives.